



Library



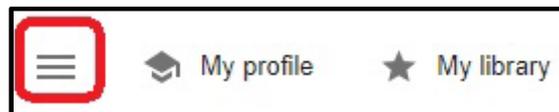
Google Scholar

Linking to the University of Derby Library's full-text resources

NB: it won't be **everything** we have access to electronically, but it will be a considerable amount.

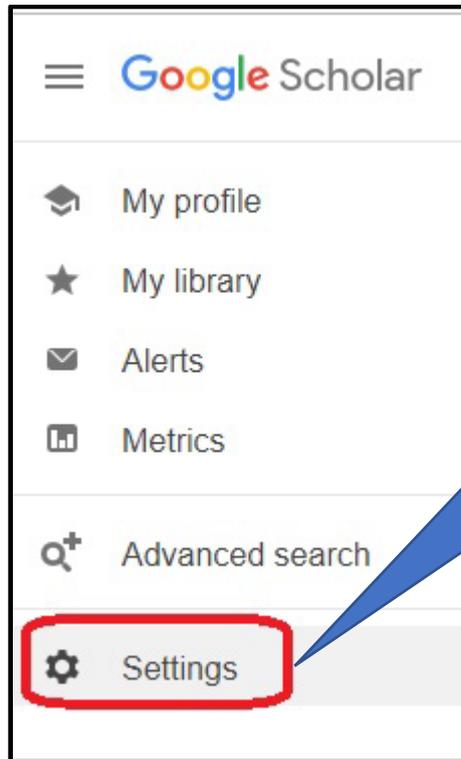
Go to Google Scholar: <https://scholar.google.co.uk>

In the top-left of the screen are three lines, one above the other, click on them



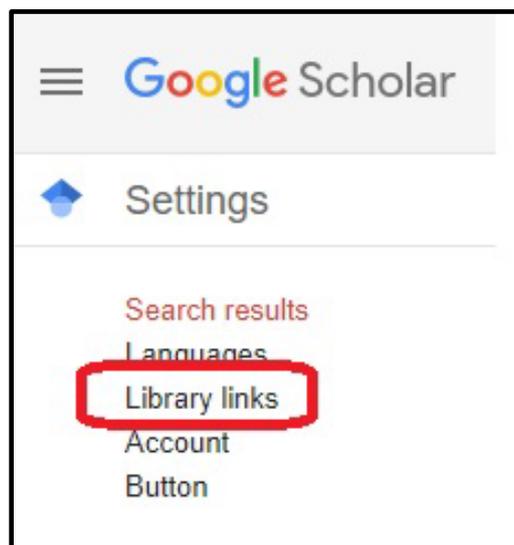
A sidebar will appear with a range of options.

Click on **Settings** at the bottom of the list (**NB:** if your screen is set at 125% or above you may not see the settings link at the bottom of the sidebar – look for the icon of the cog at the top of the sidebar instead)



Click on the Settings link
You'll be directed to a new page

On the next screen is a small menu on the left-hand side - click on **Library Links**





Library



On the next screen you should see a search box. Type in **University of Derby** and click on search.

Show library access links for (choose up to five libraries):

e.g., Harvard

Open WorldCat - Library Search

You should get a range of results appearing below the box.

Tick to select:

University of Derby – Check Library Search

University of Derby – ProQuest Fulltext

Leave Open WorldCat selected so that you maximise your potentially available results, but you don't need to select Check E-Journals Finder as this is our old resource and linking will not be accurate.

Show library access links for (choose up to five libraries):

e.g., Harvard

Open WorldCat - Library Search
 University Hospitals of Derby and Burton - UHDB LinkOut
 University of Derby - Check E-Journals Finder
 University of Derby - Check Library Search
 University of Derby - ProQuest Fulltext

Online access to library subscriptions is usually restricted to patrons of that library. You may need to login with your library password, use a campus computer, or configure your browser to use a library proxy. Please visit your library's website or ask a local librarian for assistance.

To retain settings, you must turn on cookies



Library



Once you've made your selections, click on the Save button and you will be returned to the Scholar home screen.

Do your search and then, on the results page, you should see that there are additional links to the right of some of your results, pointing you to check our library holdings.

Please Note: It doesn't guarantee that there will definitely be access to the full text. But clicking the link will do a live search of our collections so you will be redirected to the Library Search results screen. If full text *is* available, you should have a link to open the article. If it isn't available, you should see a link to request the item as an inter-library loan.

The screenshot shows a search results page for the query "shinrin yoku" wellbeing. The search bar at the top indicates "About 4,010 results (0.06 sec)". Four search results are displayed, each with a title, author information, a brief description, and a "Check Library Search" link on the right. The results are:

- Effects of forest bathing (shinrin-yoku) on individual well-being: an umbrella review** by M Antonelli, D Donelli, L Carlone... (2022 - Taylor & Francis). Description: "Our findings about shinrin-yoku are in line with evidence from other umbrella reviews about the effects on health of any controlled exposures to different green environments, including ...".
- The interrelationship of Shinrin-Yoku and spirituality: a scoping review** by MM Hansen, R Jones (2020 - liebertpub.com). Description: "Interest and research regarding the public health and economic benefits of Shinrin-yoku (SY), also known as Forest Bathing, are increasing worldwide as chronic diseases, such as ...".
- Effects of shinrin-yoku (forest bathing) and nature therapy on mental health: A systematic review and meta-analysis** by Y Kotera, M Richardson, D Sheffield... (2022 - Springer). Description: "this systematic review and meta-analysis examined the mental health impacts of shinrin-yoku ... indicate that shinrin-yoku can be effective in reducing mental health symptoms in ...".
- Psychological effects of forest environments on healthy adults: Shinrin-yoku (forest-air bathing, walking) as a possible method of stress reduction** by E Morita, S Fukuda, J Nagano, N Hamajima... (2007 - Elsevier). Description: "Since the acute effects of shinrin-yoku in a large healthy population ... health. Therefore, the aims of the present study were: (1) to examine the acute psychological effects of shinrin-yoku ...".